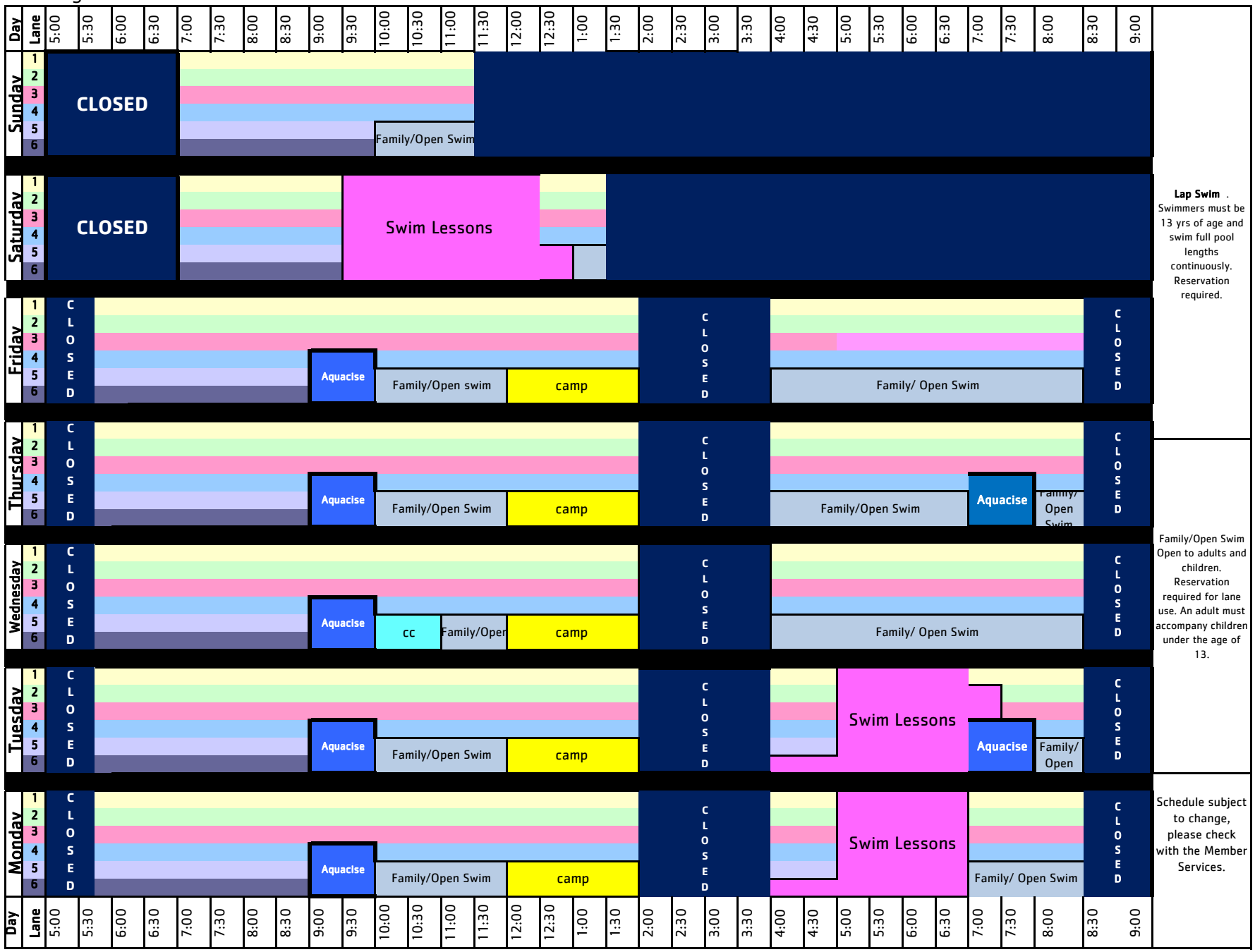
Northwest CT YMCA
Schedule subject to change,
please check with Member Services
or NWCTY.org.

Torrington
Pool Schedule

Effective June 2025



Lap Swim . Swimmers must be 13 yrs of age and swim full pool lengths continuously. Reservation required.

Family/Open Swim Open to adults and children. Reservation required for lane use. An adult must accompany children under the age of 13.

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