

Northwest CT YMCA
Schedule subject to change,
please check with Member Services
or NWCTY.org.

Torrington Pool Schedule

Effective June 2025

Day	Lane	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00
Sunday	1	CLOSED				Family/OpenSwim					CLOSED																							
2																																		
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5																																		
6																																		
Saturday	1	CLOSED				Swim Lessons					CLOSED																							
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6																																		
Friday	1	CLOSED	Family/Open swim										Camp	CLOSED	Family/Open Swim										CLOSED									
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Thursday	1	CLOSED	Family/Open Swim										Camp	CLOSED	Family/Open Swim										Aquaclise	F/O	CLOSED							
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Wednesday	1	CLOSED	CC										F/O	Camp	CLOSED	Family/Open Swim										CLOSED								
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Tuesday	1	CLOSED	Family/Open Swim										Camp	CLOSED	Swim Lessons					F/O	Swim Lessons					Family/Open	CLOSED							
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Monday	1	CLOSED	Family/Open Swim										Camp	CLOSED	F/O										Swim Lessons					Family/ Open Swim	CLOSED			
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6																																		
Day	Lane	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8:30	9:00

Lap Swim .
Swimmers must be 13 yrs of age and swim full pool lengths continuously. Reservation required.

Family/Open Swim
Open to adults and children.
Reservation required for lane use. An adult must accompany children under the age of 13.

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